



ea

easternartsbeauty.com

We welcome you to experience and indulge in our highly specialised beauty treatments from around the world.

The ultimate in threading, waxing, holistic and spa body therapies. Experience the ambience in our clean, minimalistic surroundings. Entrust yourself with our highly trained therapists providing a friendly personal service to suit your individual needs.

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The Dermalogica Skin Care Treatments

All of our treatments are tailored to meet your individual needs, targeting specific concerns and helping to restore optimum skin health.

Express Treatments

Skin Analysis

(Included free with the Prescriptive Facial)

The Dermalogica face mapping procedure begins with an in-depth consultation and skin analysis using the 14 zone Dermalogica face map as a guide. The therapist is able to conduct a methodical analysis of the facial landscape in order to prescribe future professional treatments and homecare that will suit the individual needs of the client.

£8

Steam and Extraction

Clear imperfections before they manifest into breakouts with this super cleansing, purifying and clearing treatment.

(30 mins) - £25

Power Cleanse and Flash Exfoliation

Firm, resurface, tone and brighten skin with this maximum strength exfoliation treatment. Hydroxy acids remove dulling surface debris to help reverse the signs of aging while a nourishing cocktail of vitamins and conditioning agents help soothe and restore.

(30 mins) - £25

The Facials

The Prescriptive Facial*

An introduction into skin care or a customised treatment. The Prescriptive facial is prescribed to suit the individual needs using a combination of a professional double cleanse, exfoliation, extractions (as needed), masque, toner and skin protection. On completion of treatment your therapist will recommend further treatment suited to your individual needs.

(60 mins) - £40

to include Contour masque*

a specialised masque for firming and toning, leaving the skin revitalised supple and balanced.

(75 mins) - £50

The Mini Facial

Maximum results within the minimum of time, with the perfect blend of cleansing, a customised masque, toning and moisturising. Ideal for those always on the go.

(30 mins) - £28

Teen Start Facial

An introduction to skin care specifically targeted at teenage skin. On completion of your facial, our skincare specialist will prescribe and demonstrate a full aftercare routine tailored to your individual requirements.

(45 mins) - £30

Specialised Facials

AGEsmart Treatment*

A revitalising power boost treatment designed to help firm, smooth, nourish, regenerate and energise while controlling the biochemical triggers that lead to skin ageing.

(60 mins) - £55

Medicated Clearing Treatment*

This treatment is designed to target adult acne to improve skin clarity and reduce blemishes, whilst soothing redness and inflammation.

(60 mins) - £55

Active 35 Facial*

An advanced resurfacing facial, utilising a cocktail of advanced cosmeceutical ingredients. This intense resurfacing method is designed to stimulate cell renewal and cell turn-over, whilst helping to treat some prevalent skin concerns such as pigmentation, congestion and dehydration.

(45 mins) - £40

*Course - buy 5, get the 6th free.

Crystal Clear Microdermabrasion

A specialist non-surgical method of skin resurfacing and skin rejuvenation using mechanical exfoliation offering a modern alternative to chemicals or laser. Results are instantly beneficial, immediately restoring smoother, younger looking skin, perfect for the following conditions:

- Fine lines and wrinkles
- Sun damage
- Acne scarring
- Blackheads
- Whiteheads
- Superficial age spots and hyper-pigmentation
- Oily, dry or patchy skin

Mini Crystal Clear Facial*

Excellent introduction to microdermabrasion or for those that need a quick skin fix prior to a special occasion. The skin is gently cleansed and exfoliated with the application of crystals, finished with your recommended moisturiser and skin protection.

(30 mins) - **£40**

Ultimate Crystal Clear*

Professional cleanse and exfoliation with the application of crystals, complemented by the mini lift masque that soothes, cools and hydrates, whilst lifting the contours of the skin.

(60 mins) - **£55**

plus 15 min back, neck and shoulder massage

(75 mins) - **£65**

Body Therapies & Tanning

Spa Therapies

Purifying Back Therapy

A deep cleansing treatment for the whole back. For those suffering from congested skin or acne problems. Includes a deep cleanse, exfoliation, steam and extraction. (45 mins) - £40

Including a 15 mins massage

(60 mins) - £50

Mineral Salt Scrub Therapy

Polish, hydrate and remineralize the skin with mineral salt scrub therapy for the whole body. (45 mins) - £40

Body Foliation Therapy

Ideal for sensitive and prematurely ageing skin. Body foliation therapy is a gentle, soothing and super smoothing alternative for skin conditions traditionally irritated by salt scrub exfoliation. (45 mins) - £40

Nourishing Sea Mud Therapy

Stimulate circulation while cleansing, conditioning and detoxifying in a sea mud wrap. (60 mins) - £45

Universal Inch Loss Contour Wrap

Guaranteed to firm, tone, detox and reduce your body by at least 6 inches, or no charge to you. Scientifically evolved and proven to actively draw toxins and poisons from your body's soft tissue whilst the natural sea clay firms, tones and exfoliates your skin. Ideal for tightening the skin and therefore reducing the prominence of stretch marks, scars and blemishes. People with skin problems such as eczema and psoriasis can benefit enormously with this treatment.

We recommend a course of 3 wraps in order to gain maximum benefit. These treatments will need to be carried out every 7-10 days. It is quite normal to reduce your clothing by a whole dress size after a course of three treatments without losing any weight.

1 treatment (approx. 2 hours 15 mins) - £75

Course of 3 treatments - buy 2 get the 3rd half price

New Anti-Cellulite and Toxin Relief Leg Therapy

Exfoliating Universal sea clay to open the pores and stimulate the removal of toxins and poisons from the leg, followed by our own anti-cellulite leg massage with Universal firming lotion.

(45 mins) - £50

To include 15 mins BNS massage

(60 mins) - £65

Power Recovery Treatment

Ideal for those suffering with the signs of premature ageing, or suffering with dry, sensitive or irritated skin. An intense wrap therapy dedicated to feeding your skin with the nourishment it craves. A unique blend of wheat protein and honey act as maximum hydrators while wasabi, ginger and white tea stimulate blood circulation to promote healthier skin. (45 mins) - £50

To include full body massage

(105 mins) - £85

Tanning

Spray Tanning

The Sienna X range has been created with quality and luxury in mind. The high quality natural and nourishing blend of ingredients produce a natural, flawless sunless tan.

Spray tan - £30

Express body foliation and spray tan - £50



Massage

Massage

An effective massage treatment using firm pressure which helps to release muscular tension whilst stimulating the lymphatic system and blood circulation, leading to detoxification, relaxation and a total feeling of well being.

Back, Neck and Shoulder

(25 mins) - £30 or (40 mins) - £40

Full Body Massage

(55 mins) - £40

Aromatherapy Massage

A blend of pure and essential oils to provide a natural healing therapy.

Back, Neck and Shoulder

(25 mins) - £35

Full Body Massage

(55 mins) - £45

Hot Stone Massage

Deep tissue massage using hot stones and firm pressure helps to release muscular tension.

Back, Neck and Shoulder

(35 mins) - £40

Full Body Massage

(60 mins) - £50

Indian Head Massage

An ancient Indian head massage treatment for the upper body, head and scalp. Helps to relieve sinus blockages, headaches and stress.

(25 mins) - £30

Hopi Ear Candle

A soothing treatment that can reduce earache, headaches, noise in the ear (Tinnitus), sinus blockage, ear blockage and stress. Ear candles have a light suction action and the movement of the flame creates a vibration of air in the candle, generating a massage like effect in the eardrum. These benefits are well known and confirmed by doctors worldwide.

(25 mins) - £30

Reflexology

A natural healing science based on a therapeutic foot massage by applying pressure to the motor points of the feet. This can store and rebalance congestion and blockages, creating a feeling of well-being and relaxation.

(45 mins) - £35

Hair Removal

Threading

An ancient, highly specialised method of removing hair using cotton thread. It removes the entire hair from the follicle. The effects can last up to 6 weeks and gradually weaken the growth. This method of hair removal is suitable for eyebrow shaping and facial hair removal.

Eyebrow Shaping - £7.50

Eyebrow Tidy - £6.50

Upper Lip - £4.50

Neck - £6

Chin - £4.50

Forehead - £5

Sides - £7

Full Face - £22 (including eyebrows)

Body Hair Lightening

Lightening dark hairs on the body

Full Face - £20

Upper Lip - £8

Full Arm - £15

Back - £15

Chest - £15

Shoulders - £15

Back and Chest - £25

Back Chest and Shoulders - £35

Half Leg - £15

Full Leg - £22

Full Body - £60

Waxing

Facial Waxing

Hair removal using aromatherapy tea tree wax.

Full Face - £25

Eyebrow Shape - £9

Eyebrow tidy - £8

Upper Lip - £6

Chin - £6

Sides - £8

Neck - £6

Upper Lip and Chin - £10

Upper Lip, Chin and Neck - £14

Standard Bikini - £12.50

High Bikini - £15

Brazilian - £22

Extended Brazilian- £25

Hollywood - £28

Full Buttocks - £20 (£10 with any bikini)

Half Leg - £16

Half Leg and Bikini - £26.50

Half Leg and High Bikini - £27

Half Leg and Brazilian - £32

Half Leg and Hollywood - £37

¾ Leg - £20

¾ Leg and Bikini - £30

¾ Leg and High Bikini - £31

¾ Leg and Brazilian - £35

¾ Leg and Hollywood - £39

Full Leg - £23

Full Leg and Bikini - £32

Full Leg and High Bikini - £34

Full Leg and Brazilian - £37

Full Leg and Hollywood - £42

(Add £5 to any leg & bikini package if you would prefer a hot wax bikini)

Underarm - £10 (£5 with any leg and bikini package)

Half Arm - £12

Full Arm - £16

Toes/Fingers - £8

(complementary with any arm or leg wax)

Half Back - £12.50

Full Back - £20

Full Back and Shoulders - £25

Abdomen - £10

Abdomen and Chest - £20

Full Back, Abdomen and Chest - £35

Full Body Wax - £100

(excludes face, but includes Hollywood)

Hot Wax

Aromatherapy hot wax is specifically formulated for use on the bikini area and is ideal for removal of coarse hair growth, yet gentle enough to use for facial waxing. Hot wax adheres to the hair and not the skin, reducing redness and soreness sometimes associated with warm wax.

Bikini - £14

High Bikini - £17

Brazilian - £24

Extended Brazilian - £27

Hollywood - £30

Full Buttocks - £20

Underarm - £11

Eyebrow Tidy - £10

Eyebrow Shaping - £11

Upper Lip or Chin - £7

Full Face - £30

Buttocks (£10 with any bikini package)

Acrylic Nail Enhancements

Enhancements

CND Nails are world leaders in the nail industry, providing strong, durable and natural looking nail enhancements. Nail technicians at Eastern Arts have been trained to the highest standard.

Acrylic Nail Enhancements

Natural Tips - £40

French White Tips - £42

Glitter Tips - £45

Nail Maintenance - £20

Treatment required every 2-3 weeks for nail enhancements. 2 repairs are included. (Please allow extra time for breakages)



Natural Nail Acrylic Overlay

The treatment coats the natural nail with acrylic making it as strong as an enhancement. Nail maintenance will be required every 2-3 weeks.

Natural Overlay - £30

Acrylic Nail Repair - £3.50 per nail

Natural Toenail Overlays

Natural Overlay - £32.50

Toe Repair/ Toe Enhancement - £5 per nail

Shellac Overlay on Acrylic Enhancements

Colour - £10 French - £12.50

Rockstar - £12 Rockstar French - £15

Safe Removal of Eastern Arts Enhancements - £12.50

Safe removal of unknown product is also available - please ask for details.

All about the Natural Nails

Hands

File and Polish - £12

File and French Polish - £15

Mini Manicure

(File, cuticle work and polish)

Polish - £18

French Polish - £21

Little Miss Manicure - £12

(File, cuticle soak and polish - 12 years and under)

Creative Spa Manicure

(As Mini and including professional massage)

Polish - £24

French Polish - £27

Luxury Spa Manicure

(As Creative and including exfoliation, moisturising hand treatment and hot mittens)

Polish - £32

French Polish - £35

Deluxe Spa Manicure

(As Luxury and including paraffin wax treatment)

Polish - £38

French Polish - £41

Toes

File and Polish Toes - £12

File and French Polish - £15

Mini Pedicure

(File, foot soak, cuticle work and polish)

Polish - £20

French Polish - £23

Little Miss Pedicure - £14

(File, foot soak and polish - 12 years and under)

Creative Spa Pedicure

(As Mini and including professional massage)

Polish - £28

French Polish - £31

Luxury Spa Pedicure

(As Creative and including exfoliation, moisturising foot treatment and either hot booties or a cooling masque)

Polish - £33

French Polish - £36

Deluxe Spa Pedicure

(As Luxury and including Callus Peel)

Polish - £45

French Polish - £48

Hand and Foot Spa

The ultimate full spa service for pampering those hands and feet.

Creative Spa Manicure and Pedicure Polish - £50

French Polish - £55

Luxury Spa Manicure and Pedicure Polish - £62.50

French Polish - £67

Deluxe Spa Manicure and Pedicure Polish - £80

French Polish - £84

Callus Peel

Amazing cracked heel callus treatment. The safe removal of hard skin and callus just like orange peel. No need for blades. Effective and proven results from the very first treatment. - £20

Add paraffin Wax - £5

Add a file and Polish - £5

(Callus peel can be added to the Mini Pedicure for an additional £15)

All about the Gels

Shellac

The revolutionary hybrid nail colour has changed the way women have their nails done. Shellac can last up to 14 days without losing shine or shimmer. They do not scratch or smudge and are instantly dry with zero drying time. Shellac application and removal does not damage your natural nail and therefore has become our most popular nail treatment.

Shellac colour on hands - £25

Shellac French on hands - £30

Removal and re-application of colour - £27.50

Removal and re-application of French - £32.50

Shellac colour toes - £27.50

Shellac French toes - £32.50

Removal and re-application of colour on toes - £30

Removal and re-application of French on toes - £35

Safe removal of Shellac - £5

Shellac one nail repair - £3.50

Shellac®

Rockstar

High intensity glitter twinkletoes non-chipping with zero drying time that can last up to 5 weeks.

Hands - £27.50

French Hands - £32.50

Toes - £30

Swarovski Toes

Intensely, sparkling Swarovski crystals on toes. Individually applied by hand and available in a range of colours. Beautiful French design or glamorous full nail sparkle. Can last up to 4 weeks.

Toes - £45

(Swarovski crystals can be added to any Shellac treatment for an additional £1)





All about the Eyes

Brows

Threading

Highly specialised method of removing hair using cotton thread. The effects can last up to 4 weeks and is suitable for eyebrow shaping. It gives a perfect crisp finish to the eyebrow.

Eyebrow Shaping (15 minutes) - £7.50

Eyebrow Tidy (10 minutes) - £6.50

Eyebrow Tinting*

An eyebrow tint will enhance and define the shape of the brow.

(15 mins) - £8

Lashes

Eyebrow Tint* - £8

Eyelash Tint* - £10

Eyebrow and Eyelash Tint* - £15

Lash Lift and Tint*

This revolutionary natural lash treatment straightens your natural lashes and lifts from the root, creating an appearance of longer thicker lashes for up to 6 weeks.
£30

Eyelash Perm*

The eyelash perm completely transforms the eyes without the use of mascara or lash curlers. Even short, straight, sparse lashes can benefit from this revolutionary treatment making lashes look longer and thicker even when wet for up to 6 weeks.
(60 mins) - **£30**

Eyelash Perm and Tint* - £35

We offer a file and polish on either hands or toes whilst your perm is setting for only £5 each.

Volume Party Lash Extensions

Small clusters of lashes applied to enhance and lengthen your natural eyelashes without the need for mascara. Lasts 5-7 days.

Full set - £20

Half set - £10

Removal - £5

Ear Piercing

Using the completely sterile and disposable Caflon ear piercing system. Each treatment includes aftercare and the Caflon aftercare solution.

£22

*Patch test required





Maternity Spa

Eastern Arts offers a range of Spa treatments created specifically for pregnant women, designed to relax, soothe and alleviate some of the common discomforts of pregnancy. These treatments are totally safe and very effective. Available to you from your 2nd trimester.

Maternity Massage

A gentle yet very effective massage designed to help relieve common pregnancy discomforts and promote well-being.

(45 mins) - £35

Maternity Reflexology

A profoundly relaxing and calming treatment that can help alleviate discomforts associated with pregnancies. Studies have shown that women who receive regular reflexology treatments from mid-pregnancy can potentially experience shorter easier labours and faster post-natal healing.

(45 mins) - £35

Beautiful Bump

Soothing foot soak, relieving foot and leg massage complete with our collagen boosting tummy masque that helps to tighten and firm the baby bump.

(75 mins) - £50

Great Expectations (Pre-natal)

Deserved pampering consisting of a soothing foot soak and relieving foot and leg massage including shaping and polishing on toes, followed by our 'Maternity Reflexology' and 'Maternity Massage' and a Mini Facial.

(2 hours 45 mins) - £100

Special Delivery (Post-natal)

Specifically designed to restore and regain a little 'you' time. Includes full body massage, Prescriptive Facial and Luxury Spa Pedicure. The perfect post-natal treat.

(3 hours) - £90

Yummy Mummy

Shellac on hands and feet, lash perm/lift and tint and threading eyebrow shaping. Perfect for those needing a little extra time in the mornings.

(2 hours 15 mins) - £80

Baby Shower

We are able to cater for larger parties in some of our salons, more details can be found on page 18

Packages

Mini treat

A taster of all the following tied into one perfect treatment - Indian head scalp massage, back, neck and shoulder massage, mini facial including deep cleanse and exfoliation, file and polishing to both the hands and feet.

(2 hours) - **£85**

All about me

Essential pampering giving you a little boost whilst saving time in the mornings. Shellac hands, Shellac toes, Lash lift, TBT and Lash and Brow tint.

(2 hours) - **£85**

You and I

Mini Pedicure, Mini Manicure, back, neck and shoulder massage and perfect to enjoy with a friend.

(1 hour 30 mins) - **£60 per person**

Total Well-being

BNS and Mini-Facial or BNS and Hopi-Ear Candle therapy.

(1 hour 15 mins) - **£55**

Holiday Countdown

Full leg and Hollywood waxing, Shellac hands and feet, Full Body Spray Tanning Lash lift, TBT and Lash and Brow tint.

£150

Body Beautiful

Mineral Salt Scrub, Nourishing Sea Mud Therapy and Hydrating Body Cream.

£90

Hen Party / Baby Shower / Bridal Party

We are delighted to be able to cater for larger groups and offer parties within our salons. Here are some of the options available. Prices are quoted on an individual basis which allows you the flexibility to choose some or all of the available treatments for your party.

Treatments available include manicures, pedicures, Shellac, eyelash treatments, massage and facials.

Contact info@easternartsbeauty.com for more information.

ea @ West Quay

Eastern Arts are delighted to offer treatments in West Quay Shopping Centre. We are located on Upper Shopping Level and can be found close to the M&S entrance.

Brow Bar

Threading

- Eyebrows - £6.50
- Upper Lip - £4.50
- Neck - £6
- Chin - £4.50
- Forehead - £5
- Sides - £7
- Full Face - £22 (including eyebrows)

Tinting

- Eyebrow Tint* - £8
- Eyelash Tint* - £10
- Eyebrow and Lash Tint* - £15
- Eyelash Lift* - £20
- Eyelash Lift and Tint* - £25
- Eyelash Perm* - £30
- Eyelash Perm and Tint* - £35

Volume Part Lash Extensions

- Full Set - £20
- Half Set - £10
- Removal - £5

Ear Piercing - £22

(includes Caflon aftercare solution)

Nail Bar

- Shape and Polish (hands or feet) - £12
- Shape and French Polish (hands or feet) - £15
- Express Manicure - £15
- Express Manicure with French Polish - £18
- Shellac Hands - £25
- Shellac Hands French - £30
- Removal and re-application of Colour - £27.50
- Removal and re-application of French - £32.50
- Shellac Toes - £27.50
- Shellac Toes French - £32.50
- Removal and re-application of Colour on Toes - £30
- Removal and re-application of French on Toes - £35
- Safe removal of Shellac - £5
- Shellac one nail repair - £3.50
- Rockstar Hands - £27.50
- Rockstar Hands French / colour graduation - £32.50
- Rockstar Toes - £32.50

*This treatment needs a patch test

Terms and Conditions

Timings shown are approximate appointment durations, not specific treatment timings.

Deposits - Deposits may be required for any treatments over 1 hour in duration or over £40 in value. Deposits are fully refunded provided there is at least 48 hours notice of cancellation.

Group Bookings - Deposits will be taken at the time of booking. Any amendments to group bookings must be made at least 48 hours prior to the treatments taking place. Any amendments made after that point may be subject to amendment charges.

Gift Vouchers - Gift vouchers are valid for 6 months from the date of issue. Vouchers cannot be exchanged for cash. Vouchers are redeemable against treatments and products. We regret that we are unable to provide duplicate vouchers for lost or stolen vouchers. Vouchers must be presented at the time of purchase. The Manager's decision is final.

Patch Testing - A free patch test is required at least 24 hours before any treatments marked with a * in this brochure.

Salon Opening Times - Please refer to our website for our salon opening hours. We reserve the right to alter opening hours without prior notice.

Loyalty Scheme - We operate a loyalty card scheme in our salons. Points are awarded per transaction for each £20 spent on treatments and products and can be collected and redeemed in our salons only. We regret that we are unable to offer loyalty points for any package, micropigmentation treatment or discounted courses or treatments. Loyalty cards may not be redeemed when used in conjunction with any other discount that Eastern Arts may offer from time to time. Points from our salon loyalty scheme cannot be collected or redeemed in ea @ West Quay. ea @ West Quay operates its own separate loyalty scheme solely for collection and redemption at our West Quay kiosk.

Client Information - We endeavour to run to schedule, your punctuality is also appreciated. Please let us know if there is anything else we can do for you during your visit. Your feedback is very important to us. Although we strive for quality and excellent customer service at all times, your feedback and suggestions allow us to improve upon our services. Please contact us through our website www.easternartsbeauty.com or email the team info@easternartsbeauty.com. We endeavour to respond within 48 hours. As a courtesy to others enjoying our relaxing treatments, please try to arrange a babysitter for your children. Card payments are accepted in all our salons for values of £8 or over. The Manager's decision is final. This brochure was published Spring 2016. The contents replace all previous editions. Whilst every effort is made to ensure the accuracy of this brochure at the time of printing, regrettably errors do occasionally occur, and information may have changed since printing.

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